



# Triple P Online

## California Administrators Conference Call

May 2012

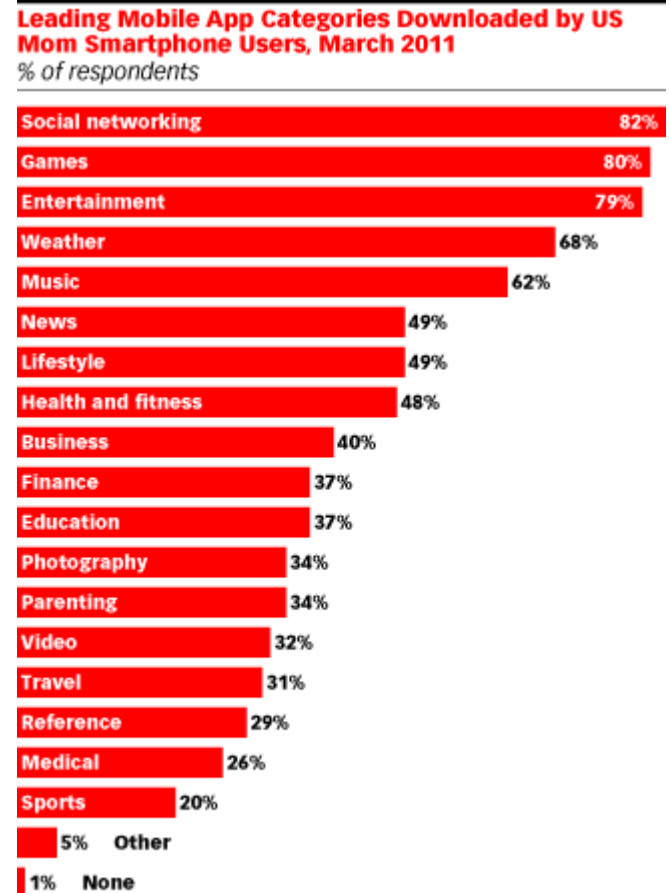


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# Why Online?

- Quality Assurance – Online parenting sites, parenting applications, and parenting experts are unregulated.
- The public is left to sift through thousands of potential solutions of unknown efficacy.

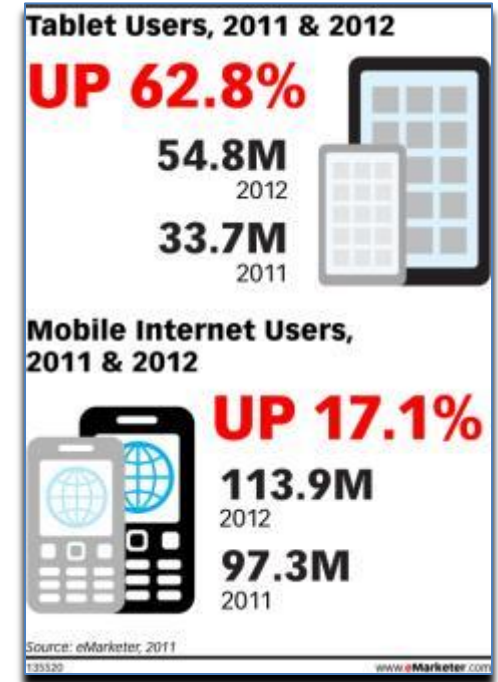
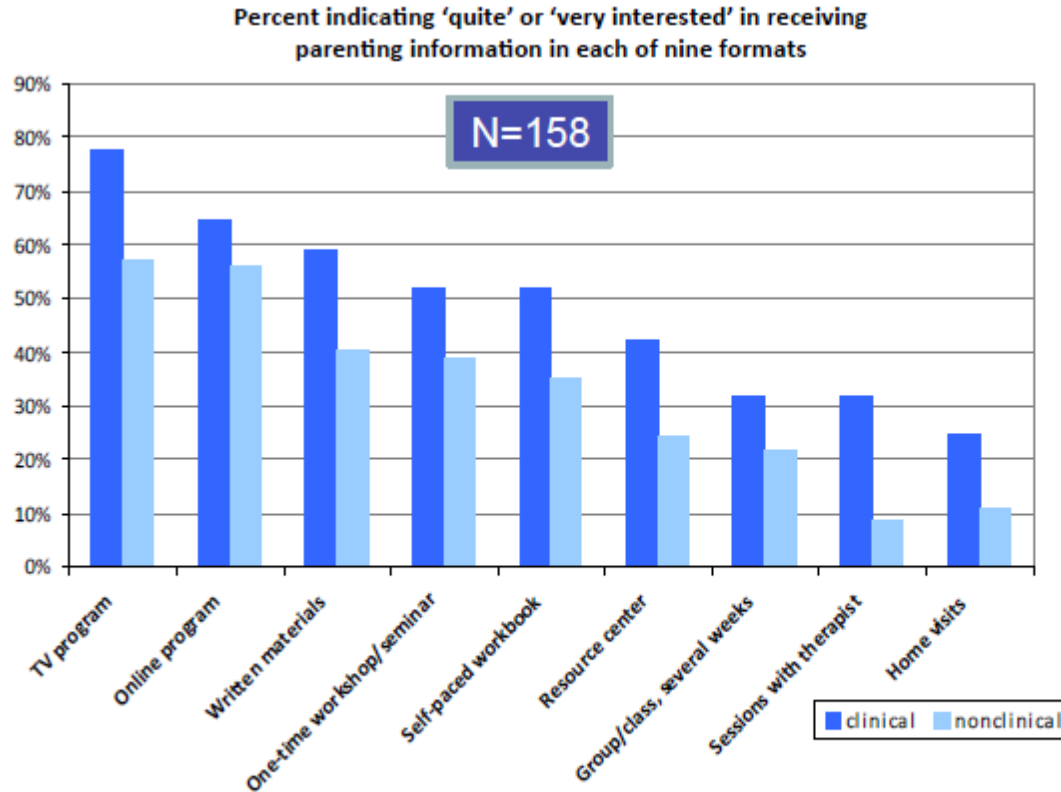


Source: Mom Central Consulting, "Q1 Trend Report," April 2011

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www.eMarketer.com

# Why Online?

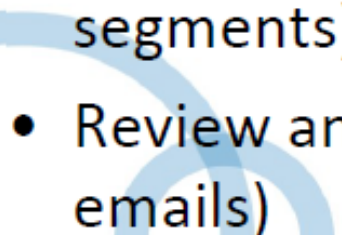


Parenting Media Project,  
Metzler et al (2011)  
Oregon Research Institute

# Triple P Online

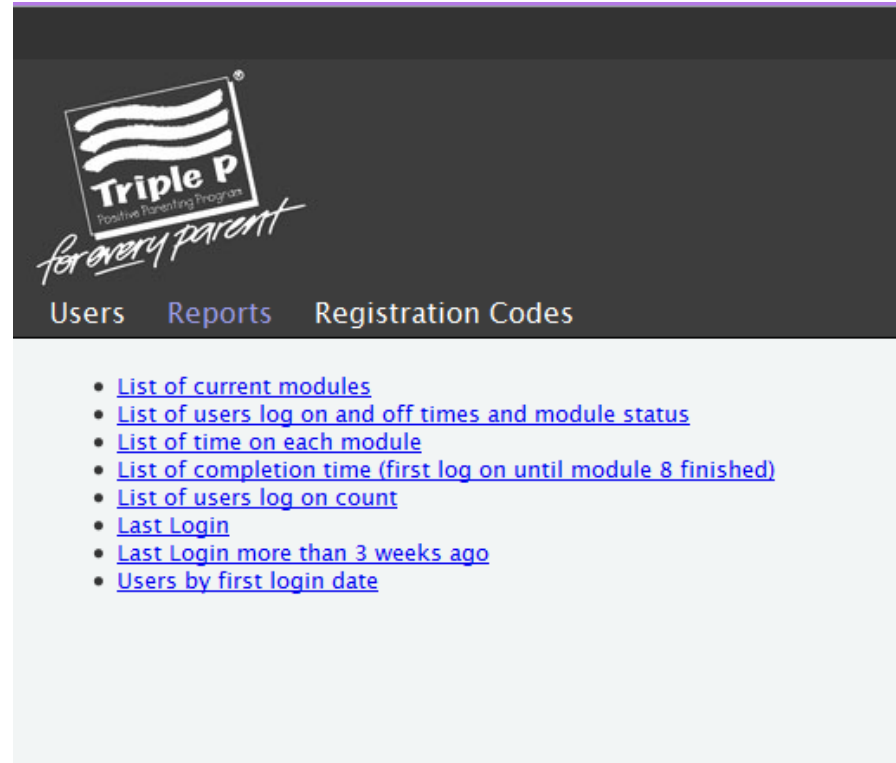
- Triple P Online (TPOL) is currently a Level 4 intervention.
- 8 self paced modules organized similar to other Level 4 interventions.
- Agencies must have trained practitioners who can provide support to parents if the need arises.
- Clinical trials demonstrated that minimal parent prompts are useful.

# Key Features

- Mentor introduces and summarises modules
  - Audiovisual presentation of information
  - Interactivity through exercises, individual goal setting, feedback; weekly check in
  - Downloadable worksheets (PDF)
  - Personalised and printable parent workbook (email or Word file; full text and bullet point versions)
  - Downloadable podcasts (audio compilation of video segments)
  - Review and reminder strategies (e.g. text messages, emails)
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# Organizational Reporting

- Current users
- User utilization (module status report, time spent on each module, module completion)
- User implementation support (Last login, login more than 3 weeks ago, Users by first login date)



The screenshot displays the Triple P Positive Parenting Program logo, which includes the text "Triple P Positive Parenting Program" and the tagline "for every parent". Below the logo, there are three navigation tabs: "Users", "Reports", and "Registration Codes". Under the "Reports" tab, a list of reporting options is provided:

- [List of current modules](#)
- [List of users log on and off times and module status](#)
- [List of time on each module](#)
- [List of completion time \(first log on until module 8 finished\)](#)
- [List of users log on count](#)
- [Last Login](#)
- [Last Login more than 3 weeks ago](#)
- [Users by first login date](#)

# Clinical & Replication Trials

- Manuscript submitted for publication
- Key findings:
  - Pre-post intervention study indicated improvement in child behavior problems, dysfunctional parenting styles, parents' confidence in their parenting role, and parental anger.
  - Improvements generally maintained at follow up with additional benefits emerging at six months: parent stress reduction and decreased parent conflicts over parenting.
  - Treatment dosage effect noted: parents completing more modules (>4) experienced more improvement at home.

For more information



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