

# The San Francisco Parent Training Institute Triple P Program

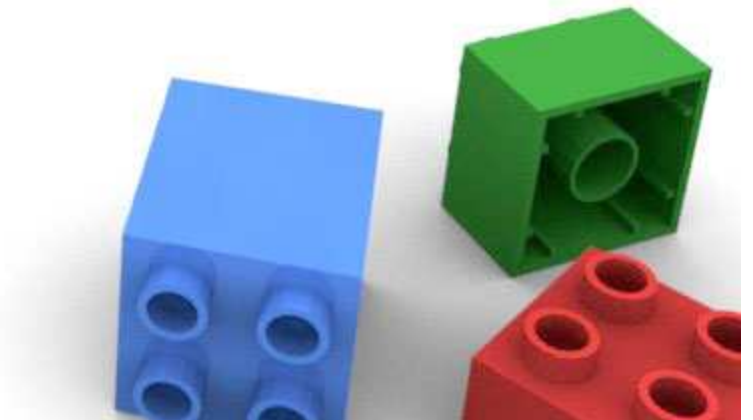
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[www.pti-sf.org](http://www.pti-sf.org)



# Overview

- History of Triple P in San Francisco
- Implementation
- Outcomes
- Upcoming year



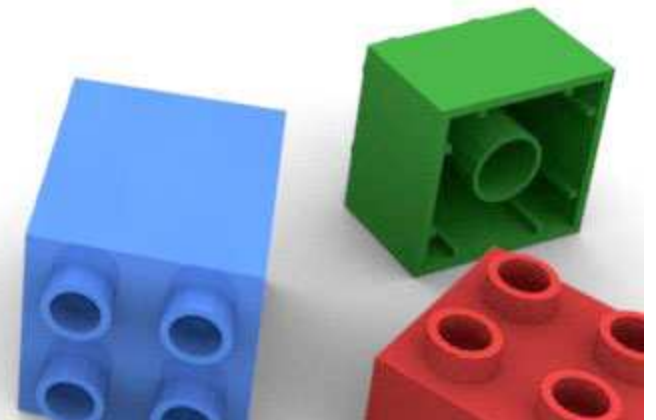
# Triple P in San Francisco

## Triple P in San Francisco since September 2009

- Triple P pilot intended to serve 60 families in Family Resource Centers
- Training for staff from FRCs with a child welfare focus (visitation)
- 6 agencies trained in Level 4 Group + Level 5 Pathways
- Hoped to positively affect child mental health, child welfare outcomes, and parental stress
- The Parent Training Institute (PTI) was established to oversee the implementation and evaluation of the Triple P program

## The PTI receives blended funding from

- The San Francisco Human Services Agency
- First 5 San Francisco
- San Francisco Dept of Public Health
- Dept of Children, Youth, and Their Families



# Triple P To Date

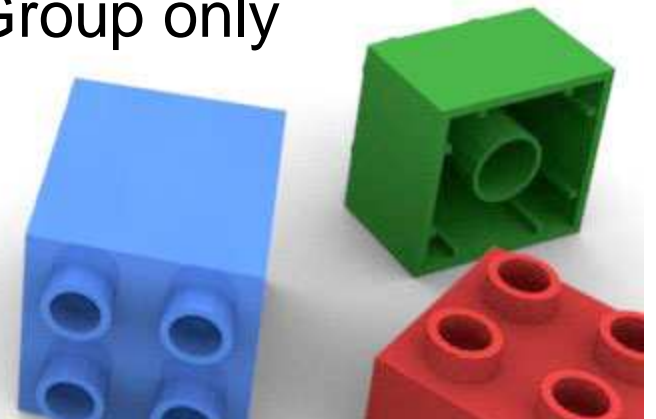
Triple P trainings in:

- Levels 2 (1)
- Level 3 PC and PC Teen (1)
- Level 4 Standard (2) – 15 total practitioners
- Level 4 Group (4)
- Level 4 Group Teen (1)
- Level 5 Enhanced (1)
- Level 5 Pathways (6)

Languages: English, Spanish, Chinese (Level 4 Group only)

53 Triple P Group + Pathways series, 4 Group only (Chinese) run to date

- Including 7 groups currently active



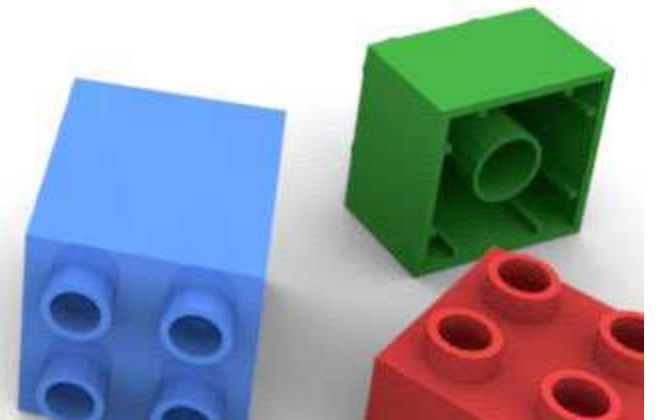
# Triple P Locations

## Locations

- Family Resource Centers
- Child mental health clinics
- Schools
- Churches
- Community Centers
- Outpatient substance abuse treatment clinics
- Residential substance abuse treatment facilities

## Specialized Programs using Triple P

- Therapeutic Visitation
- Specialty clinic at SF General Hospital for children who have been sexually abused
- San Francisco Foster Parent Training Program (1/11/12)

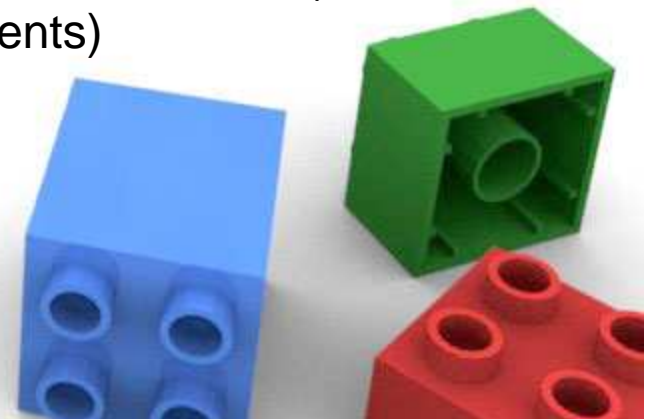


# Funding for Triple P Services

Funding Sources	Triple P Locations
County General Funds / Prop 10	Family resource centers
EPSDT	Outpatient child mental health clinics, Therapeutic Visitation Services
Drug Medi-Cal	Outpatient substance abuse clinic

## Other funding supports for Triple P in San Francisco

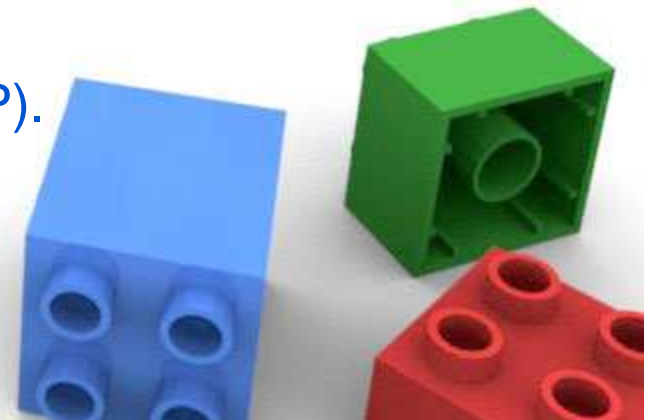
- SAMHSA System of Care Grant (used for the PTI database)
- Title IV-E funds (match for training foster parents)



# Implementation Highlights

- Site readiness assessments
- Promise to Parents – Food, childcare, transportation, DVD
- Monthly coaching of accredited practitioners
- Monthly problem-solving with Triple P site administrators & supervisors
- Fidelity monitoring
  - Session checklists (including make-up sessions)
  - Videotaping of all sessions (5 agencies)
  - Focus group with participants
- Rapid feedback of evaluation outcomes (facilitators, administrators, families)
- Yearly report to administrators about agency-level outcomes (compared to self and all other agencies running Triple P)

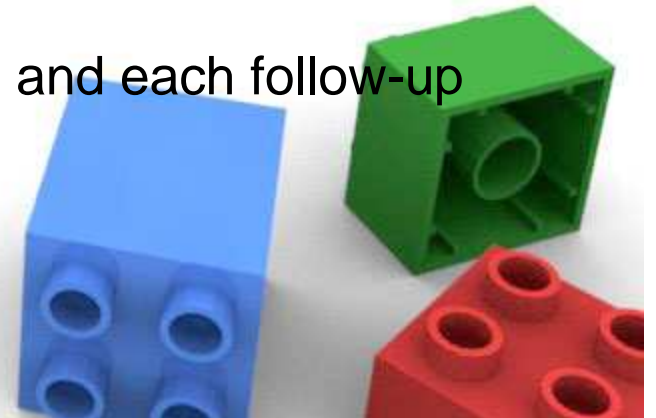
In September 2011, the PTI won the SAMHSA Science and Service Award for excellence in implementing an evidence-based practice (Triple P).



# Evaluation

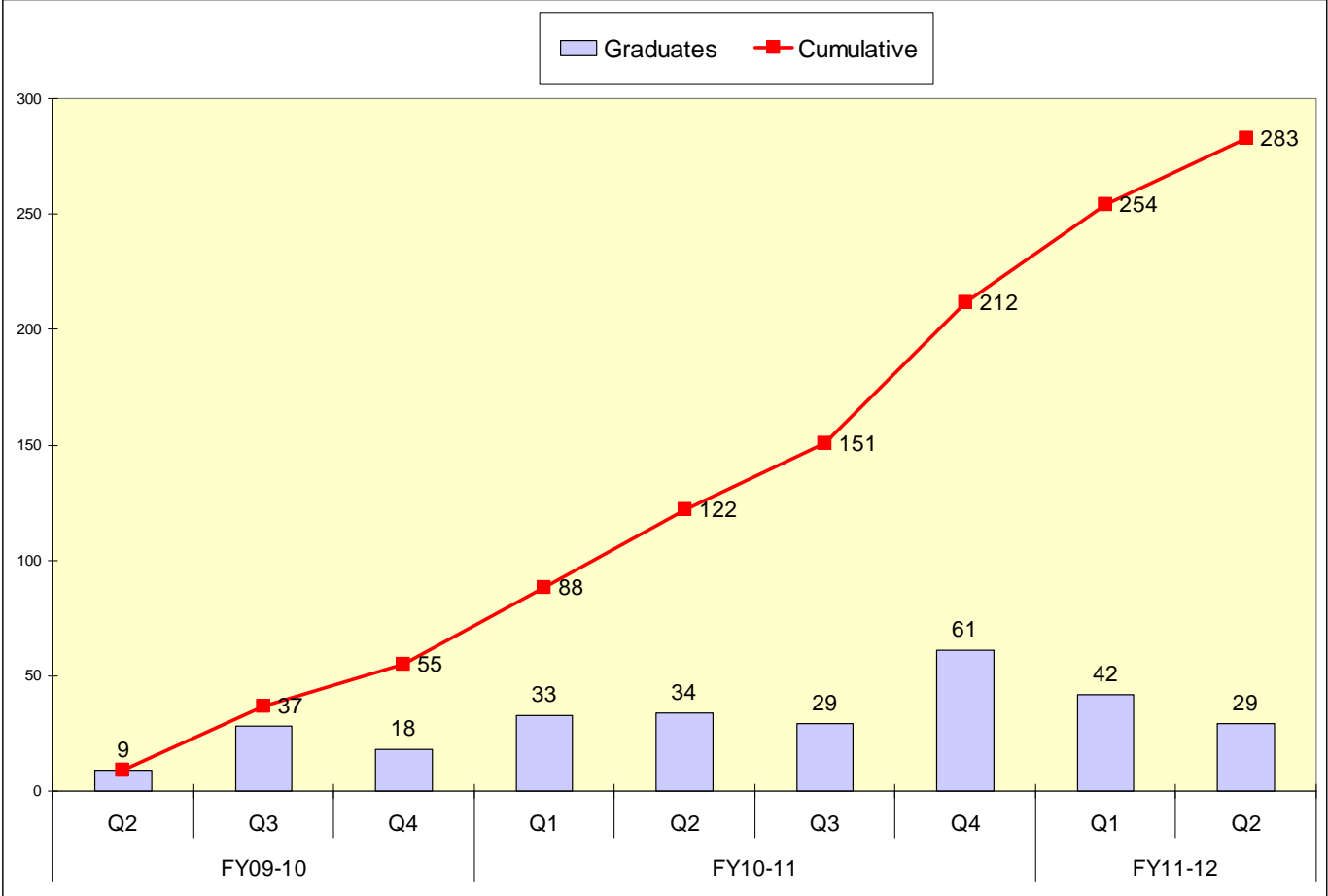
Pretest, Posttest, 3 month, 6 month, 1 year

- Parenting practices (Parenting Scale)
  - Child behavior (Eyberg Child Behavior Inventory – ECBI)
  - Parental Stress (Depression, Anxiety Stress Scale, Short Form - DASS21)
  - Service Needs
- 
- ❖ Participants complete 75% of content sessions to graduate
  - ❖ The PTI conducts a focus group with graduates following every Triple P group
  - ❖ Participants are paid \$25 for the focus group and each follow-up assessment



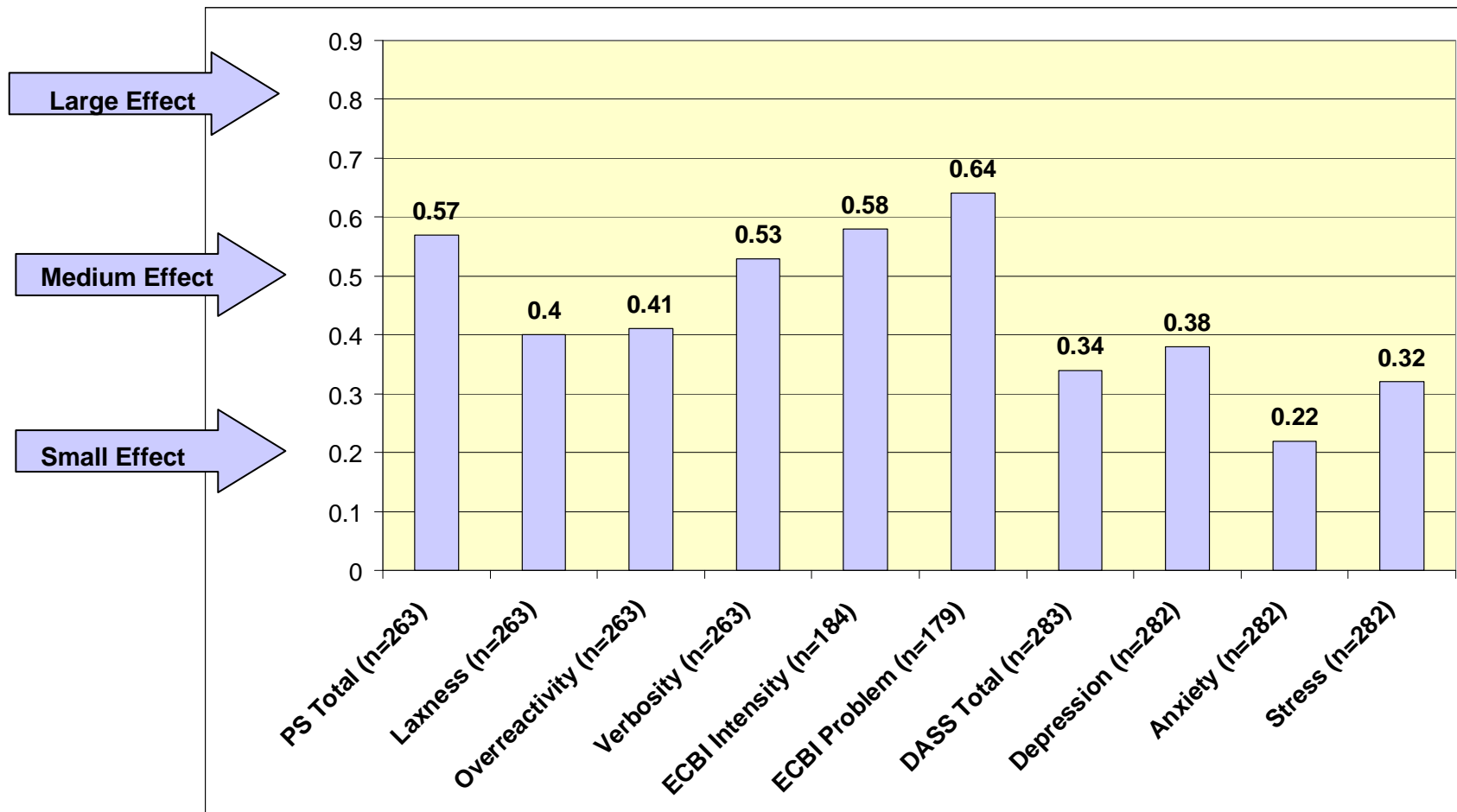


# PTI Triple P Graduates to Date



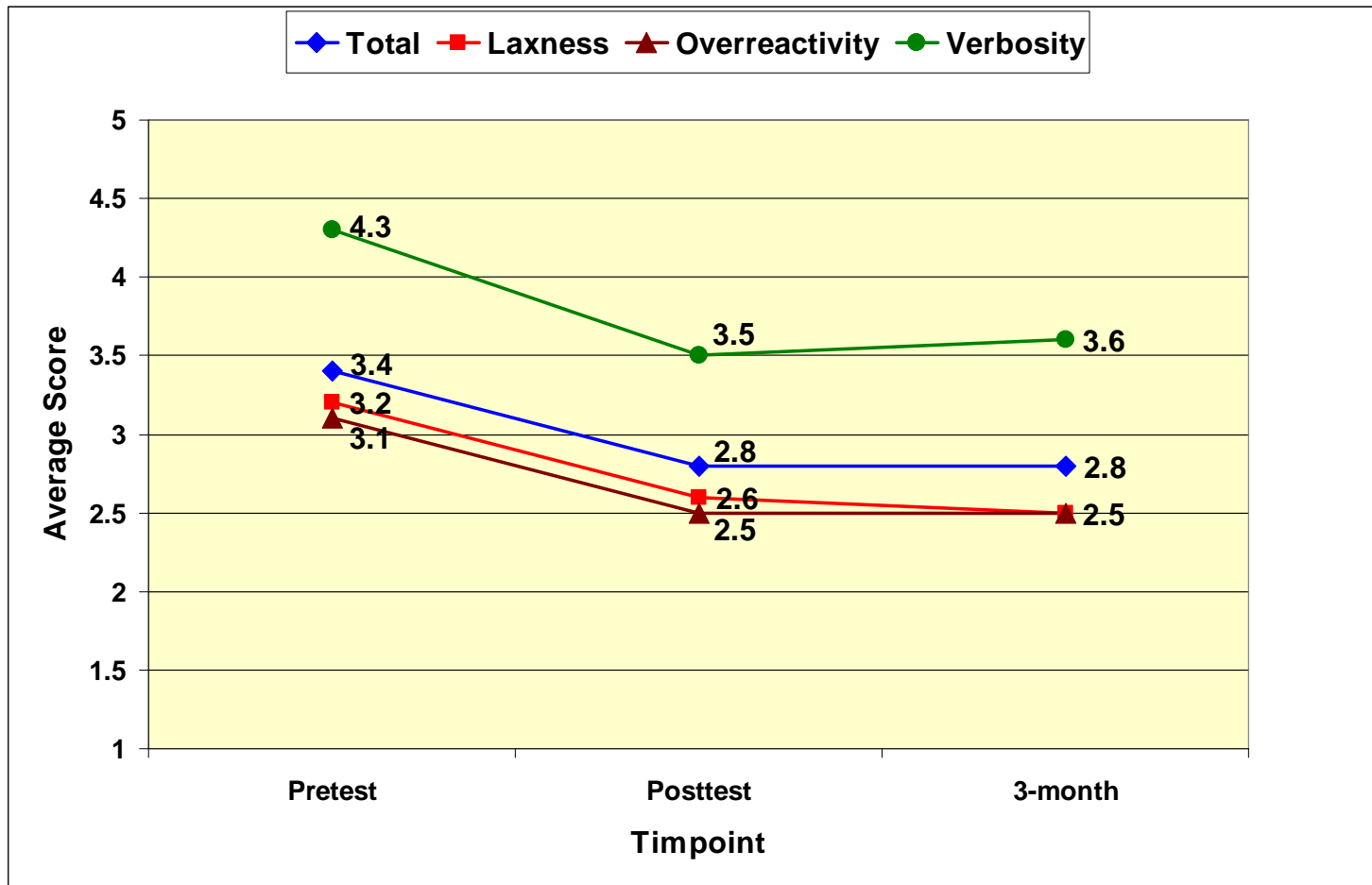
# Triple P Outcomes

## Effect Sizes: Cohen's D



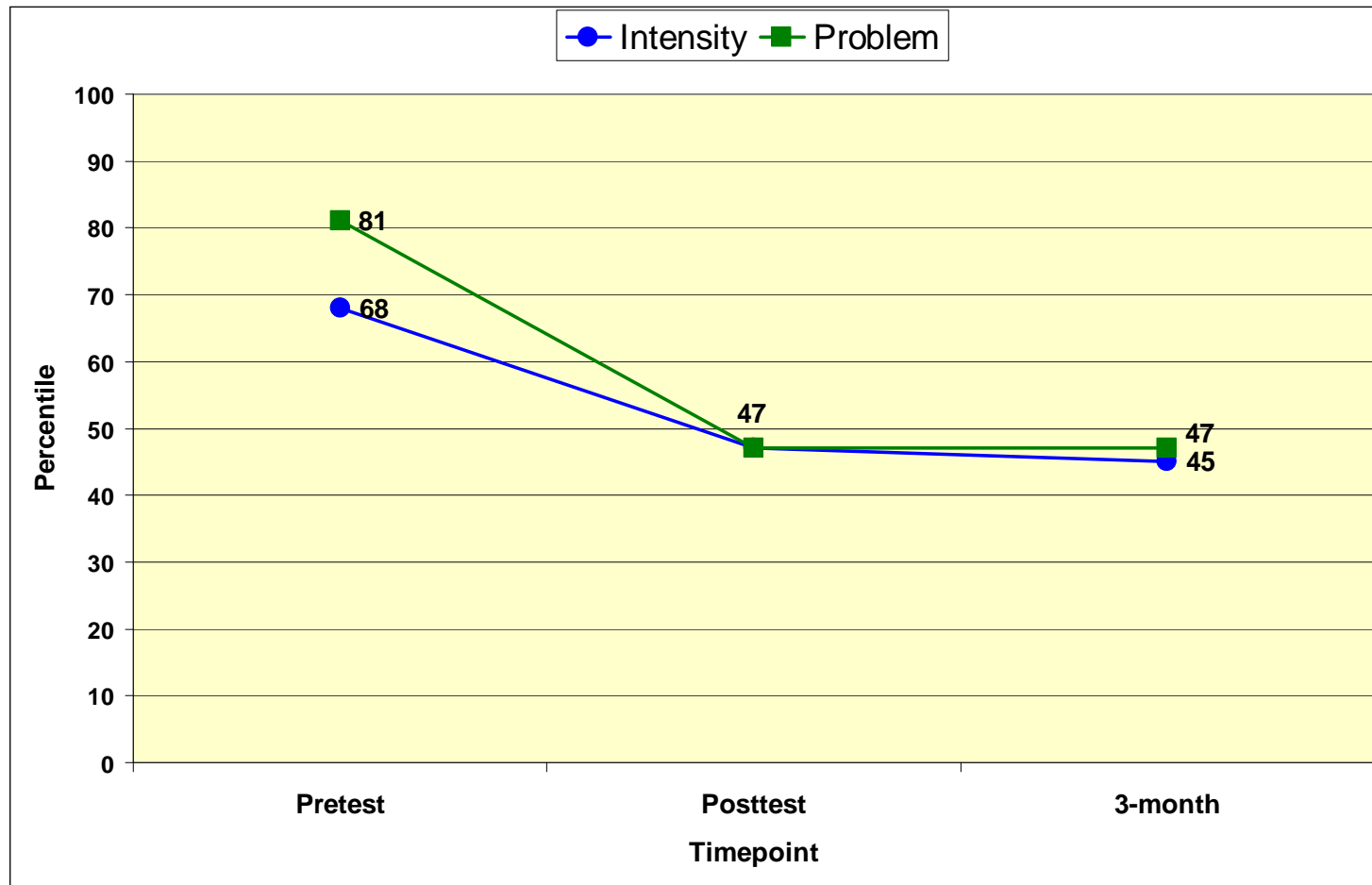
10 Change from pretest to posttest is statistically significant for all domains of all measures.

# Triple P Outcomes Over Time: Parenting Scale (n=29)



Change from pretest to posttest is statistically significant for all domains. Change from posttest to 3-month follow-up is not, indicating that gains are maintained 3 months after completion of Triple P.

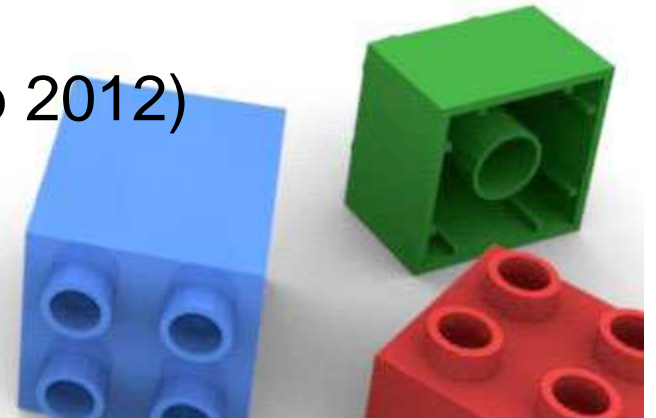
# Triple P Outcomes Over Time: Child Behavior: ECBI (n=23)



Change from pretest to posttest is statistically significant for both domains. Change from posttest to 3-month follow-up is not, indicating that gains are maintained 3 months after completion of Triple P.

# Projects In Progress

- Child welfare outcomes (current)
- Chinese language Triple P translation project (current)
  - Cantonese and Mandarin-speaking consultant
- Outcomes by language (Jan 2012)
  - English, Spanish, Chinese
- Foster parent training pilot (Jan 2012)
  - 3 Triple P series co-run by a mental health clinician and a foster parent
  - 1) newly-licensed foster parents, 2) “seasoned” foster parents, and 3) Spanish-speaking foster parents
- Group Teen pilot (First group starts Feb 2012)



For more information, please contact:

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