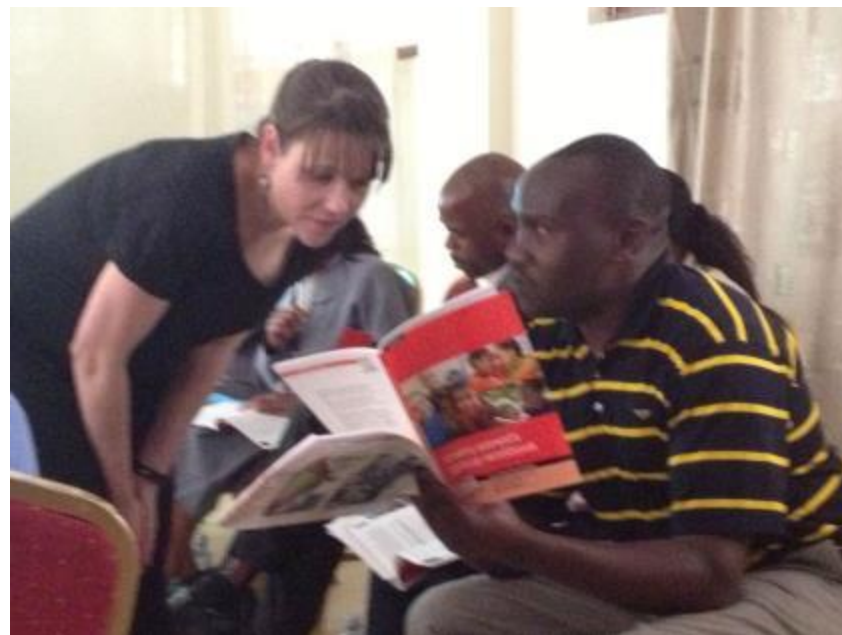




Triple P – for *Every Parent*?

Engaging and Implementing in Majority World Countries

California Triple P Network
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Jacquie Brown,
Head of International Development
Triple P International



Triple P International – Focus on Majority World Countries



Intention – Triple P is for “*every parent*”!

- **Recognition that dissemination had occurred primarily in “high income” countries**
- **Invitations beginning to come from “low income and middle” countries – Majority World Countries**
- **Unique features of these countries challenged the dissemination model of TPI**

What is the “Majority World”



- **Approximately 80 % of the world’s countries**
- **Not a single entity but share some common features:**
 - Challenging political and economic environments
 - Poor infrastructures
 - High levels of poverty
 - High levels of unemployment
 - High levels of urban migration
 - Lower reach of tertiary education – less educated workforces in social services
 - Low literacy levels
 - Culturally and linguistic diversity
 - Recent colonial history

What does effective parenting contribute?



Within the context described, where there may be limited influence one adult has, it can be transformative to feel you have some agency as a parent.

- Self- regulation - Parent and children
- Increased confidence and competence
- Improved relationships within families
- Successful parenting i.e. raising children successfully is significant even in the context of extreme poverty

What have we heard about Triple P?



- Practical Strategies
- Respect for parents
- Principles and strategies are a fit
- Culturally acceptable – contextually adaptable

How do we manage the challenges?



- **Local ownership**
- **Support with funding proposals**
- **Provide guidance through a broad reach model of implementation**
 - Provide programme
 - Conduct Cultural Acceptability Study, develop Contextual Adaptation
 - Train practitioners
 - Support development of Parenting Education Network
 - Capacity Building – workforce, Research, infrastructure

Does this inform implementation in highly developed countries?



- Many of the challenges are experienced in low resource communities in highly developed countries
- Funding and political challenges resonate
- Confirmation of cultural acceptability of strategies but focus on contextual adaptation
- Local ownership
- Migrant and immigrant populations

Where are we exploring MW implementation



Triple P in Nairobi, Kenya



- **Strongly confirming results from Cultural Acceptability Study**
- **Evaluation shows strong positive impact at x3 Questionnaire (9 months post group participation)**
- **Approximately 150 parents have participated in Level 4 Group**
- **3 Local practitioners – deliver in pairs**
- **Parenting Education Network established**
- **Phase 2 funding being explored**

What Kenyan parents said about Group Triple P



for every parent

(The) Positive parenting program is an important program for parents on how to guide them (children) without hurting them

(I) learned how to bring up children in a positive way

I have learned it is possible to correct a child without hurting them

This will change my family. I have changed already

Caning the child is not right as there are other better options; I should praise my child so as to encourage her to good behaviours;.My child needs attention in her day to day life so as to be positively behaved

Triple P – for *Every Parent!*
Thank you!

